# NDRC QUARTERLY NEWS

ISSUE #11

# INTER 2023



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### **Dates to Remember**

### **DECEMBER**

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# **IANUARY**

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Dec 3 International Day Of Persons With Disabilities

Dec 10 Human Rights Day



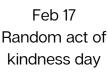
Jan 2 World Introvert Day

Jan 1 **New Years** 





Feb 14 Valentines day







**Feb 19 Family Day** (NDRC Closed)





Dec 25 Christmas







Jan 16 Martin Luther King Jr Day

# **Community Events**

Winter Weekend Holiday Market ~ December 8-10

150 Commercial St.

The Gallery Store at Nanamo Art Gallery takes over the art lab and triples in size at this three-day event. Find one-of-a-kind handcrafted gifts for friends and family.



ristmas at Nanaimo Bakery Family Decorating Event ~ December 22





2025 Bowen Road

Nanaimo Bakery's Enchanting Family Decorating Event. Choose between crafting a traditional gingerbread house or savoring the deliciousness of our NBC classic chocolate house.

# **What's New at NDRC?**

### A New Practicum Experience

Every once in awhile we are lucky enough to have a student be placed with us for their practicum. November-December we had student, Asher, join us from the Education Department at VIU. His time with us flew by far too quicky but you might have met him in computer school, or, likely, talked to him on the phone or by email as he was instrumental in helping us catch up the computer school wait list. He also helped make some materials for various areas of the organization, update some very out of date information on the walls of our computer room, and restock the brochures in the main lobby. Ash, it was fabulous having you and we wish you well in the future!

# A Giving Time of Year- The Search to Fill Volunteer Positions and Reach Funding Goals

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We are grateful and proud to be mostly supported by volunteers. Did you know we only have 5 paid staff members (most, including the Executive Director, part time employees)? We rely heavily on volunteers and have been fortunate to have many volunteers with us throughout the years. However, we are currently in need of new volunteers for 2024.

#### Front Desk ~ Current, 1

Our most urgent position needed is a front desk Wednesday morning shift. This is from 9-12 every Wednesday (minus holidays). This position involves answering phones, processing parking permits, greeting and directing clients to the right people/brochures/ other organizations.

#### Computer Instructors ~ Ongoing, Flexible, Multiple

Our Computer and Technology Program (CATS) is always in need of people confident with technology. You do not need to be an expert but knowing the basics of at least one type of device (Android/Apple), basic terminology (browser, window, tab), and some of the most common websites used by students (Indeed, Facebook, Amazon) is extremely useful! This position is flexible but typically requires at least one hour a week between 10 and 3 Monday to Friday.

#### ASL Interpreter ~ Casual, infrequent

We have a current client, and occasionally have clients who are deaf or hard of hearing and, unfortunately, none of our staff know enough ASL to be useful and so we have to rely on written notes. We are looking for someone able to hold a conversation who would be willing to sit in on the occasional session with clients and the staff member working with them to help communication.

#### **Committee Members ~ Ongoing, Casual, Flexible, Multiple**

We have multiple committees but our current focus is on promotion and fundraising. Because we only have a small staff organizing fundraisers or even contacting businesses has been difficult to manage, especially any large-scale fundraisers. We are looking for volunteers with passion for fundraising and/or event organization to sit on our committee and work with our team to raise funds for NDRC's free programs.

#### **Donation Requests for Continued Growth**

We have been exceptionally proud of NDRC's growth, particularly in the free programs we offer. Our Information and Resource Referral Program has seen exponential growth under Allison's hard work and organization. Our Computer and Technology Program (CATS) has seen unexpected numbers of new and returning students this year. Finally, this will be our third year running the Community Income Tax Program and we expect the numbers to continue to grow from last year. These are all amazing things! However, we need help! Last year we were thrilled and relieved to have Karissa with us as our Programs Assistant. She was particularly instrumental in getting us through Tax Season. Karissa left to go to school in Edmonton and we have put off hiring a replacement due to funding. It is our hope that with your help (and our pending grant approval) we can hire a new Programs Assistant for the next year to assist in keeping up with growing demand, lowering wait times, and utimately, helping more people in our community. Donations over \$20 recieve tax receipts and organizations donating any amount over \$100 will be featured in our thank you section of our website.

Thank you, thank you, thank you to all who donate, volunteer, and support us in all the ways!

#### **Celebrating Our Volunteers!**



Our Annual Volunteer Appreciation Luncheon was held November 27th after the office closed for the day. Unfortunately, due to illness and timing the turnout was lower than usual. However, those who did attend had a great time and those who did not still recieved gift bags and will be able to put their names in for our biggest draw prizes of the year.





Google This simplistic Google browser comes preinstalled on most Android phones. This one is perfect for quick searches



Safari Default search engine on Apple devices (iPhone, iPad, Mac)



Google Chrome has a lot more features than the standard Google such as bookmarks, password storage, history, and auto-fill. Most newer Android (and all Google phones) have this preinstalled. Available on both Apple and Android in the App Store/ Google Play

App Store Google Play Store App Stores



App stores are where you can find new apps to download. Apps are any applications you use on your device (even a calendar is considered an app!) There is an app for just about everything: productivity, games, and communication.





#### **News and Resources**

Rise **Bridge Warming**  520 Prideaux Street 9AM-4PM DAILY. including holidays Until March 31st

For the third year Rise Bridge is running their warming centre, offering access to resources, support inreach services, snacks, coffee, clothing, laundry, washroom, computer access and harm reduction

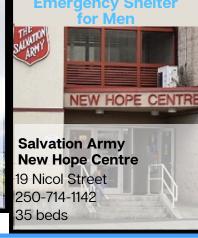
# **Emergency Shelters for All Genders**

First Unitarian Fellowship of Nanaimo

595 Townsite Road 250-754-3720 shelter@ufon.ca 27 Beds Open Daily 5pm-7am



# St. Peter's Winter Shelter 301 Machleary Street 250-591-5600 Nov. 1 to Mar. 29 8pm-7:30am Daily 35 Beds Entry in back laneway.



#### **Emergency Shelter for Women** & Non-Binary Persons

Island Crisis Care Samaritan House

702 Nicol Street 250-753-1474 14 beds 24 hours daily



#### **Shower Services**

# First Unitarian & the City of Nanaimo

Free showers available Monday-Friday 7am to 11am Towels and toiletries supplied.



Caledonia Park 110 Wall Street 250-668-4607 shelter@ufon.ca

#### **Emergency Food Providers**

## **Salvation Army New Hope Centre** In Partnership with the 7-10 Club

250-714-1142 / 250-753-0810

Serving breakfast - two locations:

110 Wall Street

250-753-3446

M, T 12-3pm

**Selby Street Mission** 

Sandwiches & snacks:

M, W, F 7:30-9:30am

Sandwiches & BBQ:

• 250 Albert Street

# **Downtown Hope**

St. Andrew's United Church 315 Fitzwilliam St.

250-734-1862

Dinner

Saturday 4:30-7:30pm

### Stone Soup/ Wisteria Community Association

Mobile Service 250-591-6443 Hot meal and brown bag lunch 5:30pm to 8:30pm, 7 days per week. Locations vary. For more information see www.wisteriacommunityassociation.com



# St. Paul's Angelican Church/ Nanaimo Foodshare

100 Chapel Street

250-753-2523

Lunch Mondays 12-1pm

Grocery cards - individuals and families, to-go meals, winter clothing, blankets, and more.

Third Tuesday monthly Begins at 9am Parish office Continues until grocery cards run out

# **Celebrating Our Community**

# Every newsletter we choose to feature an organization making a difference in our community.

This edition we recognize Habitat for Humanity

The Habitat for Humanity movement was founded in 1976 in Americus, Georgia by Millard and Linda Fuller. The program developed from the concept of "partnership housing". This low-income housing project allows those in need of adequate shelter to work side by side with volunteers from all walks of life to build simple, decent houses.

Habitat for Humanity envisions a world where everyone has a safe and decent place to live. They bring communities together to help families build strength, stability, and independence through affordable homeownership. **Respect** – We believe in the worth and dignity of every human being – respecting the people we serve and those who help us in this effort and recognizing them as our greatest resource.

**Community Building** – "Our mission is best achieved through meaningful and mutually beneficial partnerships within the communities we serve."

Faith in Humanity – "We serve and work with people of all faiths and beliefs in a spirit of justice and compassion."

**Inclusiveness** – "There is a role for everyone committed to our vision, mission, and values and we seek to enrich our organization through diversity."

**Accountability** – "Through our actions both internally and externally, we practice transparency and integrity in all we do."

Restore - Nanaimo

#1 - 4128 Mostar Road

Nanaimo, BC V9T 6C9

Phone: 250-758-8078 ext. 101

Fax: 250-758-8096

Open Monday - Saturday: 9am - 5pm

Drop Offs Accepted: Tuesday - Saturday: 10am - 4pm

Drop off location for the Nanaimo Restore is between Cloverdale

Paint and The Finishing Store

Questions about what we take or to schedule curbside pick-up:

250-758-8078 ex. 109

Office

1-4128 Mostar Road Nanaimo, BC. V9T 6C9

info@habitatmvi.org Phone: 250-758-8078

Fax: 250-758-8096

Open Mon - Fri 8:30 am - 4:00 pm

Closed Sat-Sun and all Statutory Holidays

#### **Did You Know?**

THE WELLNESS SHOW February 3, 2024 - February 4, 2024 **Vancouver Convention Centre** 1055 Canada Place, Vancouver, BC,



The Wellness Show features workshops, seminars, and demonstrations aimed at helping you discover how to live a healthy, happy, balanced life. Check out the Celebrity Cooking Stage, Living Well Seminar Stage, Women & Wellness, Fitness Demo Stage, and lots more. This is the largest trade show in Western Canada.

More Information: http://thewellnessshow.com/

Contact NDRC

Open Monday to Friday, 9:00-12:00/12:30-3:30

Phone: 250-758-5547 Website: ndrc.info

Ken **Executive Director** Admin@ndrc.info

Allison Program Administrator Allison@ndrc.info

Information & Resource Referral Program

**PWD/CPPD** Applications

Volunteer Coordination

Marie

**Programs Administrator** 

Administrator Marie@ndrc.info

**Parking Permits** 

**NDRC Bursary for PWD** 

**Newsletter** 

**Betty** 

Parking@ndrc.info

Membership

Computer School